**HermanMiller** Embody®





So intelligent, sitting in it actually helps you think



# Embody Designed by Bill Stumpf and Jeff Weber

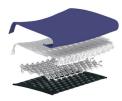
Embody began with the recognition of a previously unsolved problem: the lack of physical harmony between people and their technology. Spending too much time sitting in front of our laptops or staring at our tablets, moving nothing but our fingers, can make us stiff and tired because our bodies are made to move. With Embody, designers Bill Stumpf and Jeff Weber set out to solve this problem. More than 30 physicians and PhDs in the fields of biomechanics, vision, physical therapy, and ergonomics contributed their expertise to help guide the development of this chair. As a result, Embody has set a new benchmark for pressure distribution, natural alignment, and support for healthy movement in ergonomic seating.



# Performance

You feel Embody's Pixelated Support" the moment you sit down—a sense that you are floating, yet perfectly balanced. Thanks to a dynamic matrix of pixels, Embody's seat and back surfaces automatically conform to your body's micro-movements, distributing your weight evenly as you sit. This reduces pressure and encourages movement, both of which are key to maintaining healthy circulation and focus.

Embody's back is designed like yours, with a central spine and flexible ribs. The Backfit<sup>®</sup> adjustment allows you to position the backrest in line with your spine's natural curve, so you achieve a neutral, balanced posture. Once the chair is tuned to fit you, the backrest adapts to your movement, adjusting automatically to your shifting positions. Whether you lean forward or recline, support remains constant.



A combination of support layers in Embody's seat work together to reduce seated pressure. These layers were designed to allow for airflow, keeping you cool and comfortable as you sit.



The Backfit adjustment lets the chair's back embrace your spine's unique curves, holding your head in alignment with your technology.

Embody's tilt technology keeps your back at a proper angle to the seat, allowing your body to move naturally into the most healthful seated postures while keeping your pelvis stable.



Embody's narrow backrest lets your arms and shoulders move unimpeded. This movement helps open your lungs and encourages deeper breathing and more focused thinking.

# Design

Form doesn't just follow function with Embody. Function is on full display. Every part of the chair was designed to serve a very specific, healthful purpose. Embody's technology isn't hidden, but is instead part of its aesthetic.

After years of research, design, building, and testing—and then doing it all over again (and again)—the art of design and the science of seating came together perfectly to create Embody.

#### About Bill Stumpf and Jeff Weber

The Embody story began in the design studio of Jeff Weber and the late Bill Stumpf, who worked with Herman Miller for 30 years on a number of products, including the Ergon® chair, Ethospace® system, and Equa® and Aeron® chairs, which he designed with Don Chadwick. Bill passed away during the development of Embody, and Jeff carried on. "Bill's design spirit will inspire all my future work," says Weber, whose design credits also include the Caper® chair. Stumpf and Weber also teamed up on the design of the Envelop® Desk for Herman Miller.



Bill Stumpf

Jeff Weber

### Materials

Embody comes in a range of textile colors and a choice of frame and base finishes to allow you to personalize the look of your chair. Visit hermanmiller.com/materials to see our complete textile offering.

	Embody Chair								
Seat & Back Textiles	Price Category 2 Rhythm Charcoal/3015	Price Category 2 Rhythm Mink/3013	Price Category 2 Rhythm Black/3014	Price Category 2 Rhythm Molasses/3010	Price Category 2 Rhythm Mulberry/3011	Price Category 2 Rhythm Green Apple/3002	Price Category 2 Rhythm Peacock/3003	Price Category 2 Rhythm Berry Blue/3005	Price Category 2 Rhythm Twilight/3007
	Price Category 2 Medley Pewter/1HA23	Price Category 2 Medley Bayou/1HA13	Price Category 2 Medley Cinder/1HA04	Price Category 2 Medley Trail/1HA02	Price Category 2 Medley Tundra/1HA08	Price Category 2 Medley Loden/1HA11	Price Category 2 Medley Peacock/1HA12	Price Category 2 Medley Blue Grotto/1HA14	Price Category 2 Medley Blueberry/1HA15
	Price Category 4 Mercer Stone/21301	Price Category 4 Mercer Ash Brown/21309	Price Category 4 Mercer Charcoal/21310	Price Category 4 Mercer Cayenne/21303	Price Category 4 Mercer Chutney/21304	Price Category 4 Mercer Pesto/21305	Price Category 4 Mercer Teal Blue/21306	Price Category 4 Mercer Ultramarine/21307	Price Category 4 Mercer Acal Berry/21308
	Price Category 6 Balance Green Apple/3506	Price Category 6 Balance Blue Moon/3507	Price Category 6 Balance Berry Blue/3509	Price Category 6 Balance Iris/3510	Price Category 6 Balance Carbon/3512	Price Category 6 Balance Black/3513			
<b>Frame</b> Finish	White 91	Graphite G1							
<b>Base</b> Finish	Polished Aluminum	Titanium	Graphite	<b>Armpad</b> Finish	Black				
	CD	XT	61						
	<b>Family</b> Work Chair					<b>Seat Depth</b> Adjustable Seat			15"-18"
	Overview Maximum User Weight Population Range			300 lbs/13 2nd–98th I	6 kg T Percentile	f <b>ilt</b> Filt Limiter A <b>rm Options</b> No Arms			Standard
	Back Support PostureFit <sup>®</sup> Sacral Support Lumbar Support Thoracic Support			Standard Standard Standard	F	No Arms Fully Adjustable Arm Environmental High			

**Seat Height** Low-Height Range Standard-Height Range Extended-Height Range

Thoracic Support

# For more information, please visit hermanmiller.com or call 888 443 4357.

Herman Miller, 🕏, Embody, Ergon, Ethospace, Equa, Aeron, Caper, and Envelop are among the registered trademarks of Herman Miller, Inc., and its subsidiaries. Pixelated Support and Backfit are among the trademarks of Herman Miller, Inc., and its subsidiaries. All other trademarks are the property of their respective owners.

Standard

15"-19"

16"-20½" 17"-22" Environmental Highlights

Up to 95%

Gold

Silver

Recyclability BIFMA level® GREENGUARD®

Cradle to Cradle®